

RUSSELL R. ROTHENBERG, M.D.

CURRICULUM VITA

The Camalier Building
10215 Fernwood Road, Suite 401
Bethesda, Maryland 20817-1106
Telephone: 301-571-2273
Fax: 301-571-0894

Website: www.RussellRothenbergMD.com

AWARDS: Top Doctors in Washington, DC, Washingtonian Magazine, over 20 years
Top Doctors in Bethesda Magazine
Achievement Award, National Fibromyalgia Partnership, 1992
Recipient of the Fellowship Award for Research, the Marsha Weinstein Chapter Lupus Foundation, 1981-2.

PROFESSIONAL

ORGANIZATIONS: Rheumatism Society of DC, 1983-present, President 2012-13
American College of Rheumatology, Diplomat
Montgomery County Medical Society
Arthritis Foundation of Greater Washington, Chairman and Founder, Dial a Doctor, Chairman, Answers Day
Jacobi Society, Past President
National Fibromyalgia Partnership, Medical Advisory Board, Chairman, 1993-present
Lupus Foundation of Greater Washington, Medical Advisory Board, Past Chairman

HOSPITAL Suburban Hospital- Active Consulting Medical Staff- Internal Medicine/Rheumatology
AFFILIATION:

PROFESSIONAL

BOARDS: Internal Medicine, 1980 to present.
Rheumatology, 1982 to present.

LICENSURE: Maryland

PHYSICIAN NETWORK: Capital Physicians Network, Vice President, 1996-2000, Secretary 1995-6,
Chairman, Credentials Committee, 1995-2000

PUBLICATIONS:

Rothenberg, Russell, "Fibromyalgia: Pathophysiology & Treatment, A Guide for Patients and Physicians,"
Fibromyalgia Frontiers, Volume 18, No 1, 2010, pp. 5 -12

Rothenberg, Russell, "Fibromyalgia Documentation & Treatment- A Guide for Primary Care Professionals,"
Fibromyalgia Frontiers, Volume 15, Number 1, 2007, pp. 11-16.

Rothenberg, Russell, “Cymbalta and Lyrica: New Medications for Pain. Are They More Effective for Fibromyalgia Patients?” Fibromyalgia Frontiers, Volume 14, Number 3, 2006, pp. 3-4

Katz, Warren A. and Rothenberg, Russell, “Dialogues in Rheumatology: Reconsidering Pain Management for Patients with Rheumatic Diseases and the Role of Atypical Opioids,” Journal of Clinical Rheumatology, Volume 11, Number 2, April 2005 Supplement, pp. S1-S33

“Fibromyalgia, Achin’ All Over,” Washington Post, Health Section, July 25, 2000. I was the physician featured in the interview.

Rothenberg, Russell “A Look at Fibromyalgia Syndrome: Where We Are; Where We’re Going!” Fibromyalgia Frontiers, January/February 1999, pp. 1-4

Rothenberg, Russell, “Ultram, a Unique New Drug,” Fibromyalgia Frontiers, Fall 1995, pp. 2-3

Rothenberg, Russell, “A Comprehensive Care Approach to the Treatment of Fibromyalgia,” Fibromyalgia Frontiers, Fall 1993, pp. 1-3

The Handbook of Nursing Physical Assessment, Aspen Publishers, 1988, Russell Rothenberg, MD, medical editor

Rothenberg, Russell and George Herman, “Use of Tomography in the Early Diagnosis of Septic Arthritis of the Sternoclavicular Joint,” The Mount Sinai Journal, 1983.

Rothenberg, Russell and Harry Spiera, “Early Myocardial Infarction in Patients with Systemic Lupus,” American College of Rheumatology 1983 Annual Meeting Poster Session

STUDIES: Research participant in Fibromyalgia study: “Local and International Patterns of Abuse in Fibromyalgia and Rheumatoid Arthritis,” Dr. Brian Walitt, et.al. 2013-14
Research participant in new diagnostic criteria and measurement of Symptom Severity in Fibromyalgia, Dr. Fred Wolfe, et.al. 2010

LECTURES: **Arthritis United national meeting**, “A Rheumatologist’s Strategy for Managing Pain and Fatigue,” March 10, 2018.
Suburban Hospital medical grand rounds, “Fibromyalgia - Current Concepts and Pathophysiology as a Chronic Pain Disorder” June 6, 2014
Suburban Hospital medical grand rounds, “What the Non-Rheumatologist Needs to Know about Joint Pain and Rheumatic Disease” September 9, 2011
The George Washington University Medical Center Department of Rheumatology Series, “Fibromyalgia Syndrome: Pathophysiology and Current Treatments,” November 2009
Suburban Hospital medical grand rounds, “Fibromyalgia Syndrome, Pathophysiology and Current Treatments,” January 23, 2009.
Pri-Med Rheumatology CME Lecture, Covington E and Rothenberg R., “Managing Fibromyalgia: Advances and Future Direction,” St. Louis, Mo, December 6, 2007.
Rheumatology grand rounds, The George Washington University Medical Center, “Fibromyalgia, Documentation and Treatment,” April 2007.
Mid-Atlantic Conference on Fibromyalgia Treatment in Association with NIAMS at NIH, September 1996, Moderator and Speaker, “An Overview of Fibromyalgia.”

Medical Grand Rounds at Arlington Hospital May 1995, “Fibromyalgia Syndrome”
May 1997, “Assessment and Treatment of Achy, Fatigued Patients”

Medical Grand Rounds at Montgomery General Hospital, June 1997, “Diagnosis and Treatment of Fibromyalgia”

Medical Grand Rounds at Kaiser Permanente, Woodbridge, VA, April 1997,
“Diagnosis and Treatment of Fibromyalgia” May 1997, “Assessment and Treatment of Achy, Fatigued Patients”

Lupus Foundation of Greater Washington Symposia, October 1996, moderator of Alternative Therapies Program, October 2000, “Diseases that Mimics SLE: Sjogren’s Syndrome and Fibromyalgia Syndrome”

Arthritis Foundations of Maryland Symposia on Fibromyalgia, October 1995, “Managing Fibromyalgia”, October 1997, Key Note Speaker, “New Understanding of Fibromyalgia” October 1998, Key Note Speaker, “Fibromyalgia, New Advances, Now and in the Future”, November 2000, Key Note Speaker, “Fibromyalgia Syndrome”

Regional Meetings of the American Podiatry Association, 2000, New York City, Chicago and Anaheim, “New Advances in Rheumatic Diseases”

National Meeting of the Podiatry Association, 1994, San Francisco, “An Overview of Rheumatic Disease”

Medical Grand Rounds at Sibley Memorial Hospital June 1993, “ANA Negative Lupus”, June 1994, “Reflex Sympathetic Dystrophy”, June 1995, “Atypical Presentations of Fibromyalgia”

AUDIO-VIDEO TAPE: “Musculoskeletal Dysfunction of the Head and Neck” (CME Program for the George Washington University Medical Center)

COMMITTEES: Medical Faculty Physicians/Hospitalists Quality Assurance Committee, Suburban Hospital, 2017 - present
Professional Standards Committee of the District of Columbia Medical Society, 2000-6
Ethics Committee of the George Washington University Hospital, 2001-5

EDUCATION: State University of N.Y. at Binghamton, B.A. 1971
Albany Medical College, Albany, N.Y., M.D. 1977

INTERNSHIP: Internal Medicine, 1977-8, Long Island Jewish Medical Center, New Hyde Park, N.Y.

RESIDENCY: Internal Medicine, 1978-80, Long Island Jewish Medical Center, New Hyde Park, N.Y.

FELLOWSHIP: Rheumatology, 1980-2, the Mount Sinai Medical Center, NYC, N.Y.